86
WHITE CAPS

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WHITE CAPS '86

A Nurse's Prayer

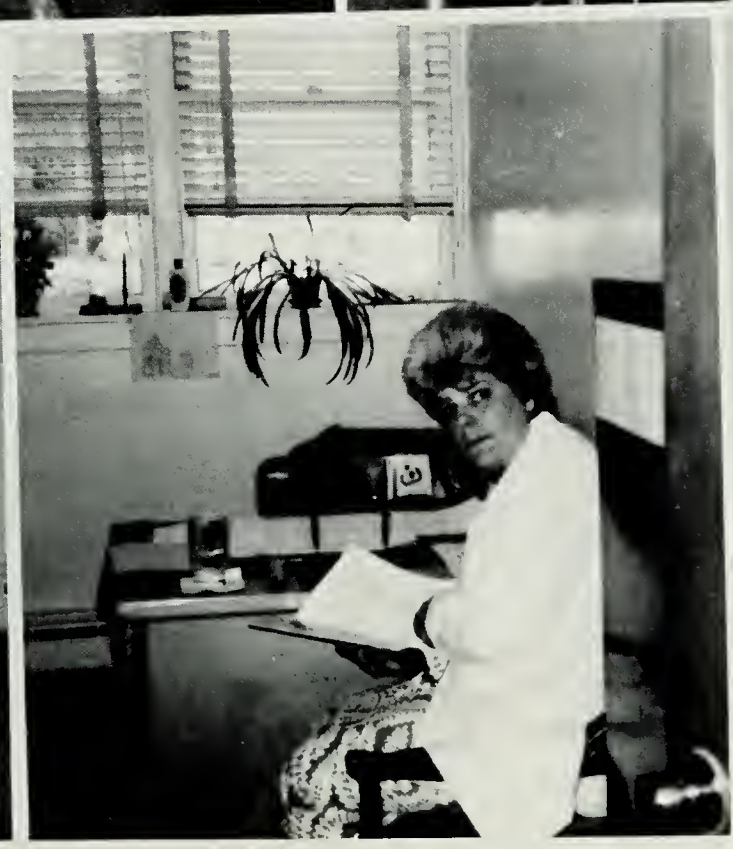
As I care
for my patients today,
Be there with me
O Lord I pray
~it means so much.
And in my hands
place Your healing touch.
Let Your love shine
through all that I do,
So those in need
may hear and feel You.

NORTHAMPTON-ACCOMACK COUNTY SCHOOLS
NORTHAMPTON-ACCOMACK MEMORIAL HOSPITAL
SCHOOL OF PRACTICAL NURSING
NASSAWADOX, VA

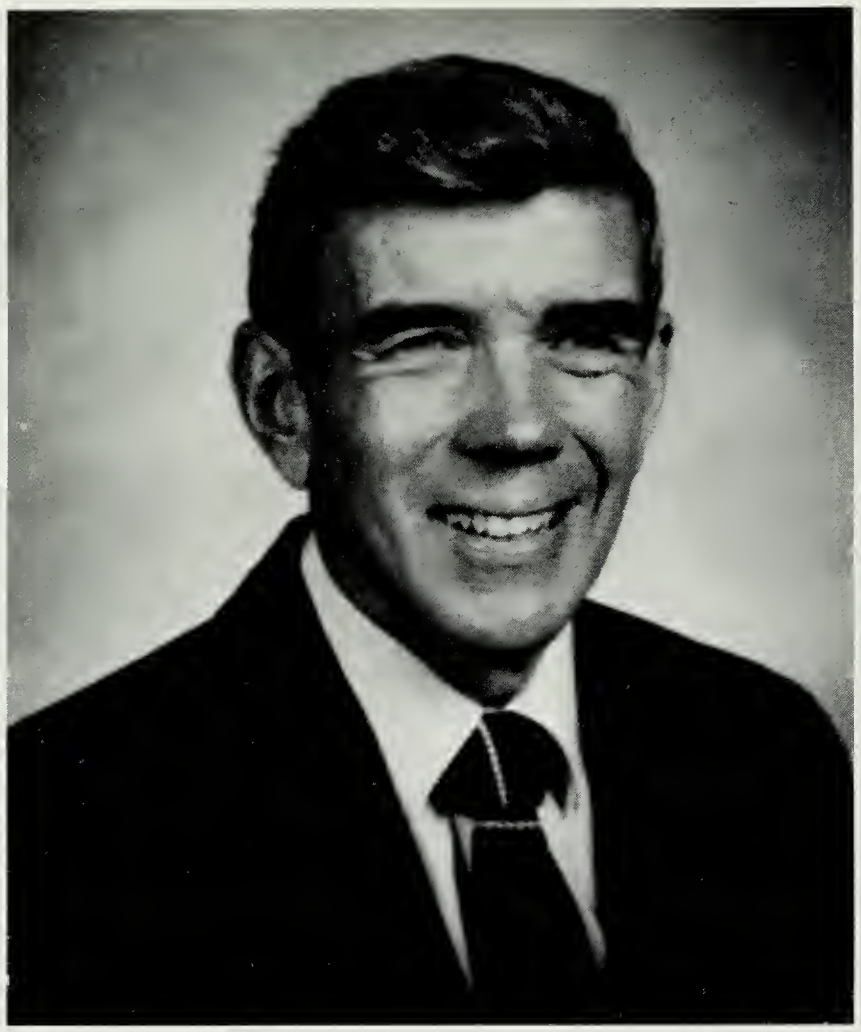
DEDICATION

We the class of 1986 dedicate this yearbook to Miss Ellen Jean Peirson. We thank her for the patience and understanding she has shown us. She has made a respectable impression on us we will carry throughout our careers. We have much respect for her and wish her the best. Keep on smiling for it gave us much encouragement.

IN APPRECIATION



ADMINISTRATION



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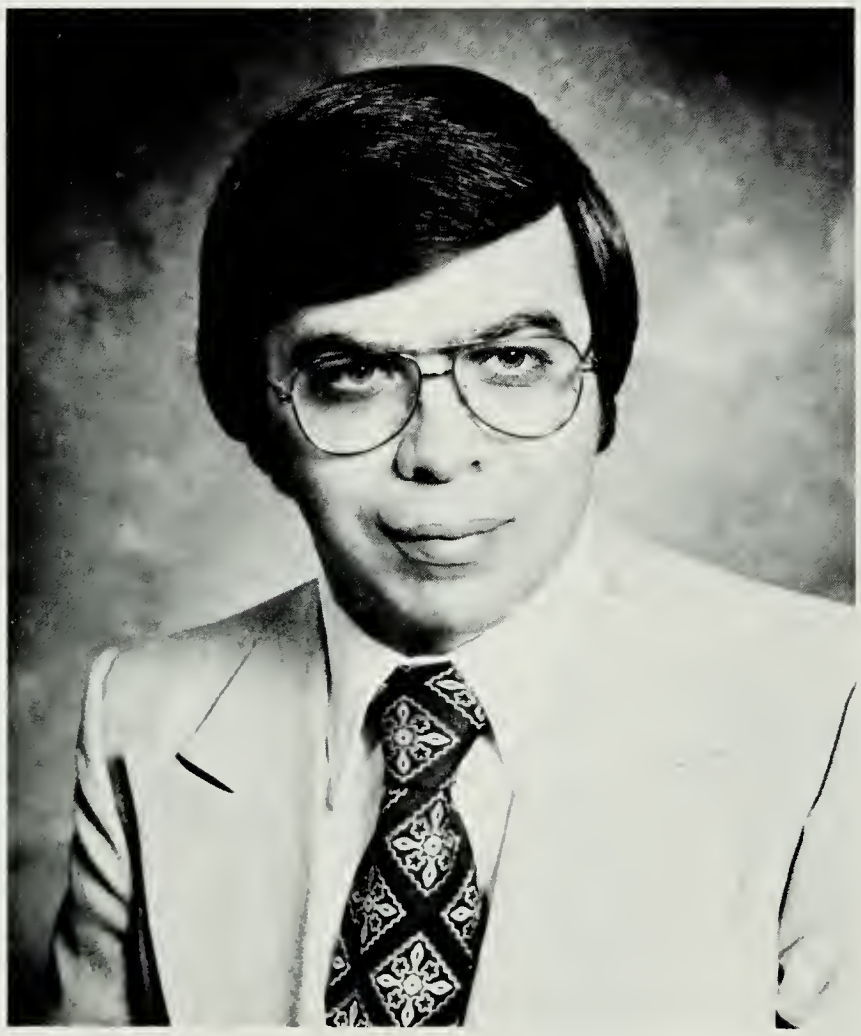
Mr. Charles F. Kline
Superintendent of Accomack County Schools



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Mrs. Georgia M. Guy, R.N.
Director of School of Practical Nursing

SCHOOL PERSONNEL

Mrs. Margaret M. Holland, R.N.
Instructor

Miss Ellen Jean Peirson, R.N.
Instructor

Mrs. Myra D. Duer
Secretary

Mrs. Carolyn Gregory
(Pinky)
Housemother

Mrs. Edna Helms
Housemother

Mrs. Eva L. Johnson
Housekeeper

Dianna Allen
Chincoteague, Va.
"Can't wait till Friday."

Shelia Beach
Painter, Va.
"You need to stop that."

Mildred Patrick Britton
Chincoteague, Va.
"I need a cigarette, but I've got to quit smoking."

Lucindia Conder
Chincoteague, Va.
Yes ma'am, Thank you ma'am, Excuse me ma'am."

Annette Geimer
Belle Haven, Va.
"Oh my Lord."

Mary Hollowell
King George, Va.
"Has the mail come yet?"
Hurry up and come home Bub!

Pat Johnson
Pocomoke, Md.
. . . Sigh!

Cynthia Keyes
Cape Charles, Va.
"I don't know the answer"

Lisa Kohler
Church Neck, Va.
"I'm going home tonight."

Vanda McCray
Accomack, Va.
"Oh please, Spare me."

Pat Mears
Nassawadox, Va.
. . . gurgle, gurgle, gurgle

Beth Phillips
Salisbury, Md.
Geezie Peezie!

Valerie Thornton
Wattsville, Va.
"Is it snowing yet?"

Joanne Townsend
Tasley, Va.
"Can't Stop Me Now."

Charlotte Toy
Cape Charles, Va.
"I'm Coming Out."

Am I Chic' or What?

Why did you bother to take my picture?

Missy is reading the wrong book!

This is one of Shelia's busy days!

CLASS OFFICERS

L-R Cindy Conder, President; Beth Phillips, Vice President; Vanda McCray, Secretary; Mary Hollowell, Historian; Pat Mears, Treasurer

YEARBOOK STAFF

L-R (back) Shelia Beach, Typist; Lisa Kohler, Ads; Joanne Townsend, Business; L-R (front) Valerie Thornton, Layout; Dianna Allen, Editor; Missy Britton, Photographer; Beth Phillips, Artist

Dianna Allen

Shelia Beach

Mildred Patrick Britton

Lucindia Conder

Annette Geimer

Mary Hollowell

Pat Johnson

Cynthia Keyes

Lisa Kohler

Vanda McCray

Pat Mears

Beth Phillips

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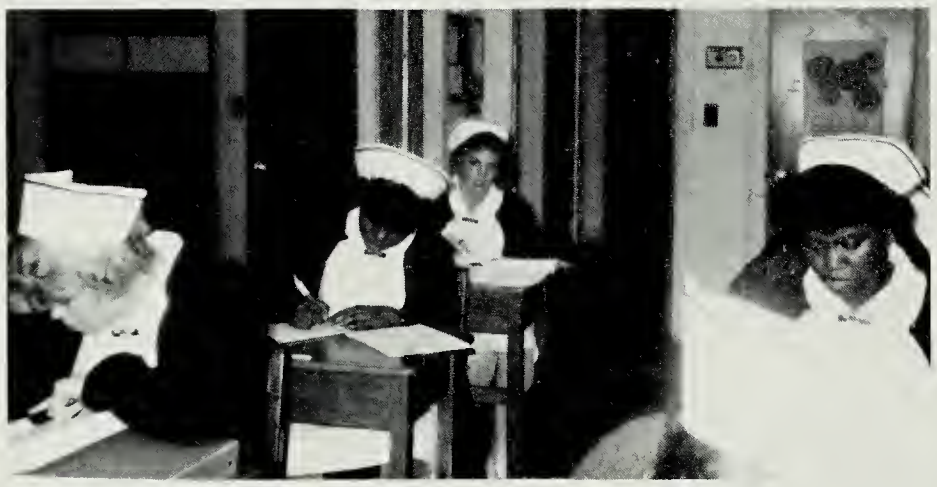


Aren't we hard-working gals?

What did you say, Missy?

Boy, am I goofy!

Boy, did I have a rough night!

CLASS HISTORY

On September 15, 1985, a group of 22 vulnerable and innocent girls started a new career as students of nursing at NAM Practical School of Nursing. During the first few weeks we were sorry to see three of our classmates leave.

The beginning was a hard adjustment for all of us. The studies and the books looked so long and seemed so hard. The live-out students needed much support, love, and help from their families and friends in order to keep their sanity.

Finally, we began to get organized and elected our class officers. Sorry to say, our class president, Mrs. Heidelberg, was ill in the hospital the day we elected her. She came back to a big surprise.

On November 8 our first progress reports arrived with much tension felt among all of us. Miss Mears broke out in hives and her palms were dripping. Three more of our classmates left us.

November 27 — our big Thanksgiving dinner and our first exam in Anatomy. The meal was delicious, and it started snowing.

December 4 was our bazzar with much success.

December 20 — Second progress report and the beginning of our Christmas holiday. Mrs. Heidelberg left us due to her illness and, all the work she missed during her hospitalization seemed to be too much for her to take at this time. Mrs. Heidelberg, we will miss you.

January 8 we had a class meeting — Vice president, Cindy Conder, replaced the position of presidency, and a new election of Miss Phillips to the position of vice president was made.

March 26 — Med-Surg I exam

April 30 — our big convention and tour of Woodrow Wilson Rehab. Center in Fishersville, VA. Vanda, JoAnn, Cynthia and Charlotte had a good time going out and left Pepper and me at the motel. Mrs. Holland had a room to herself. Miss Peirson, Mrs. Guy, and Mrs. Duer were left in the other room. It took 4 hours — not 7 hours, Valarie. Missy and Mrs. Johnson didn't go. Mrs. Guy worked on her Kleenex box during the convention lectures.

In June we were invited to a hospital picnic, and we had lots of good food and drinks too. We got Miss Peirson in the water.

On July 2, a dark cloud hovered over us. There were 38 days of school left. We were on duty at the hospital, and four of our closest students from this small group were called off duty and requested to leave the program because their grades didn't quite make the 85 overall average.

On July 23, after a long, hard battle to get back in, all the students were reinstated into the NAM School of Practical Nursing program on a probationary period. During those three weeks, our days just weren't the same, and we felt the work we were doing was for them also. We are proud of you all, now lets all graduate on August 27th.

May God be with you
now and forever,
Your class historian,
Mary Hollowell

Beth, where's your bathing suit?

Cool Chick

Look at those thighs!

Finally, a break from school!

Bathing beauty

Din-Din Time

Pepper's at it again!.

We're so innocent.

Lisa, please be quiet, just smile.

Relaxation after convention

Florence Nightingale and sisters

Look at that smile!

Our somewhat dedicated yearbook staff

Teeth-Gritter

Cindy, do that on your free time!

Sheila, what happened to your hair?

N.A.M. Cheerleader

T.P.I. here I come!

Awesome headache

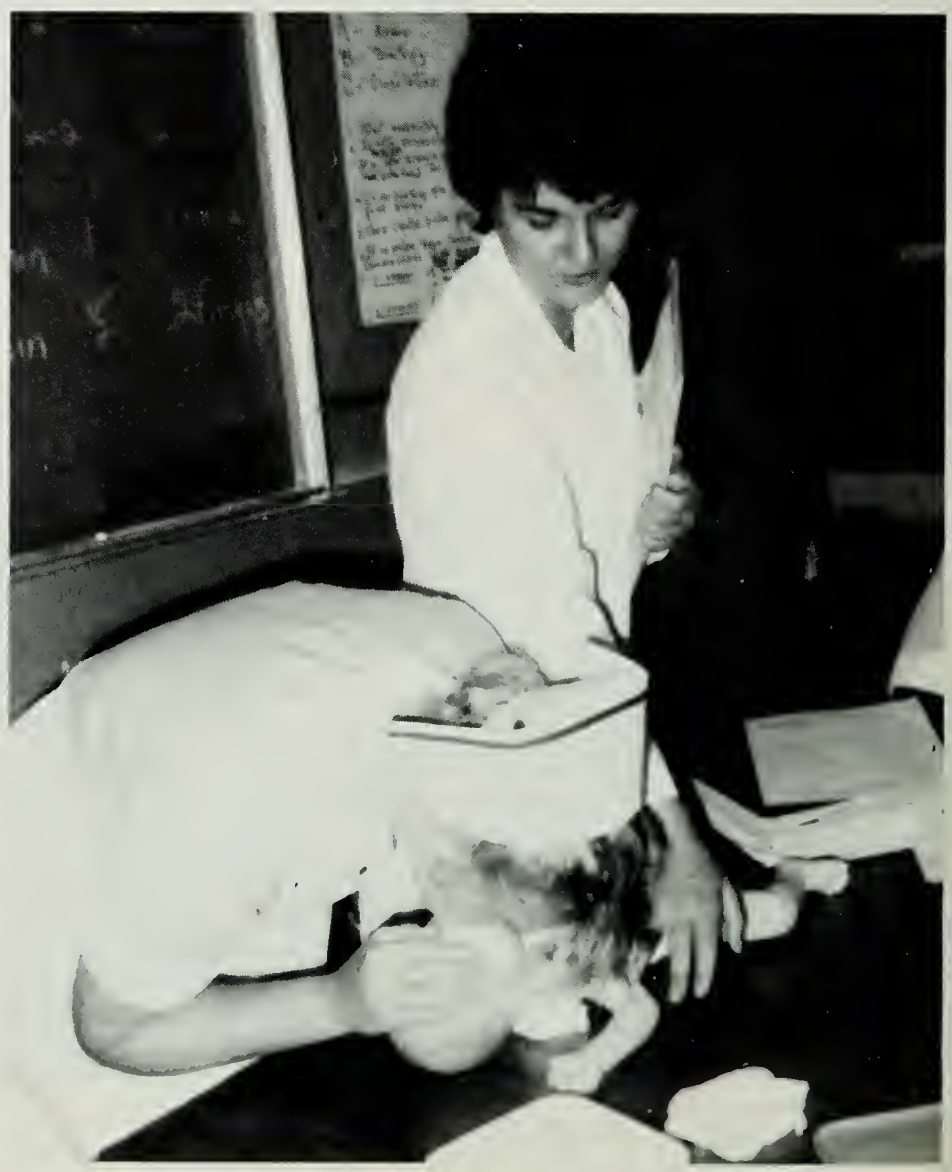
Shelia, cross your legs!

Please leave me alone!

Miss Catastrophe!

N.A.M. beauty contestants

NURSING MOTHERS



Will this day never end?

From nursing to acrobatics

This is what N.A.M. does to me!

Future lobectomy patients

Do I look dumb?

Oh no! Another Med-Surg test!

Don't press too hard, Beth!

Do I look mean?

They're squeesing my buns!

Breaktime Gossip

Vanda's heroic act

Victim of Cindy's nursing care

DO YOU REMEMBER?

Remember Pat's gurgles in the library?

Remember telling Mrs. Johnson every answer after a test?

Remember Magnum TA?

Remember Vanda's birthdays?

Remember Missy's colds self-diagnosed as "allergies"?

Remember wondering if the causeway will be closed and if the Chincoteague girls will be able to get home?

Remember all the things Luke can do now?

Remember Pat and Beth's room being invaded by creatures?

Remember Annette's $700.00 investment?

Remember Lisa's many things she did "across the bay"?

Remember Pepper and Missy being so accident-prone?

Remember Cindy feeding Beth and Mary?

Remember when Jeff (Bubba) finally came home from overseas? (Yeah, Mary!)

Remember when Vanda threatened to kill Mary at graduation?

Remember Chapter 33; Oral Moniliasis — Thrush?

Remember when Cindy would go to bed at 7:00, and we had 3 tests to study for?

Remember when Shelia would bring the live-ins ice cream and treats during study hours?

Remember when Charlotte told us the time she played monkey for her husband?

Remember Tweedy Bird in her cute yellow outfit?

Remember Annette's bad luck all year?

Remember Gloria?

Remember Cynthia hardly speaking a word?

Remember "On Old Olympus Tippidy Top, a frog, viewed great volcanoes and hopped. Some say, 'Marry money', but my brother says, 'Bad business marries money."

Remember when Mrs. Holland actually quit smoking?

OUR BEDTIME PRAYER

Now I lay me down to rest,
Med-Surg notes upon my chest.
If I should die before I wake,
That's one less test I'll have to take!

Miss Pat Mears and fellow students
of NAM Institution

In Dreamland again, Cynthia?

Another boring 3-hour study!

A picture of innocence

CLASS SONG

We've Only Just Begun

We've only just begun to live,
White caps and promises,
A kiss for luck — and we're on our way.

Before the rising sun we fly,
So many roads to choose,
We start our walking and learn to run.
And yes, We've just begun.

Sharing horizons that are new to us,
Watching the signs along the way.
Talking it over just a few of us,
Working together day to day — together.

And when the evening comes we smile,
so much of life ahead,
We'll find a place — where there's room to grow.
And yes, we've just begun,
We've Only Just Begun.

GRADUATING CLASS OF 1986

(l-r): Front — Pat Mears, Dianna Allen, Shelia Beach. Middle — Annette Geimer, Vanda McCray, Joanne Townsend, Lisa Kohler, Mildred Britton. Back — Carolyn Phillips, Valerie Thornton, Pat Johnson, Cynthia Keys, Charlotte Toy, Lucindia Conder, and Mary Hollowell.

Congratulations Pat!

We Are Real Proud
Of You!

Good Luck!

Love,

Mom and Henry

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Daughter and our Sister

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Love,

Faye, Jimmy,
Sheri and Bo

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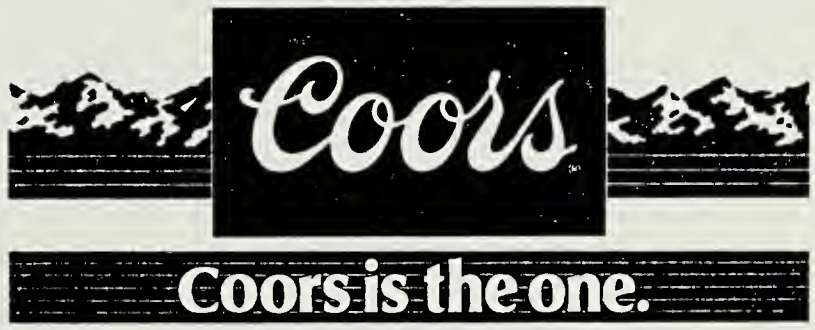
Congratulations Missy,
and the Best of Luck!

From
Nick and Erica



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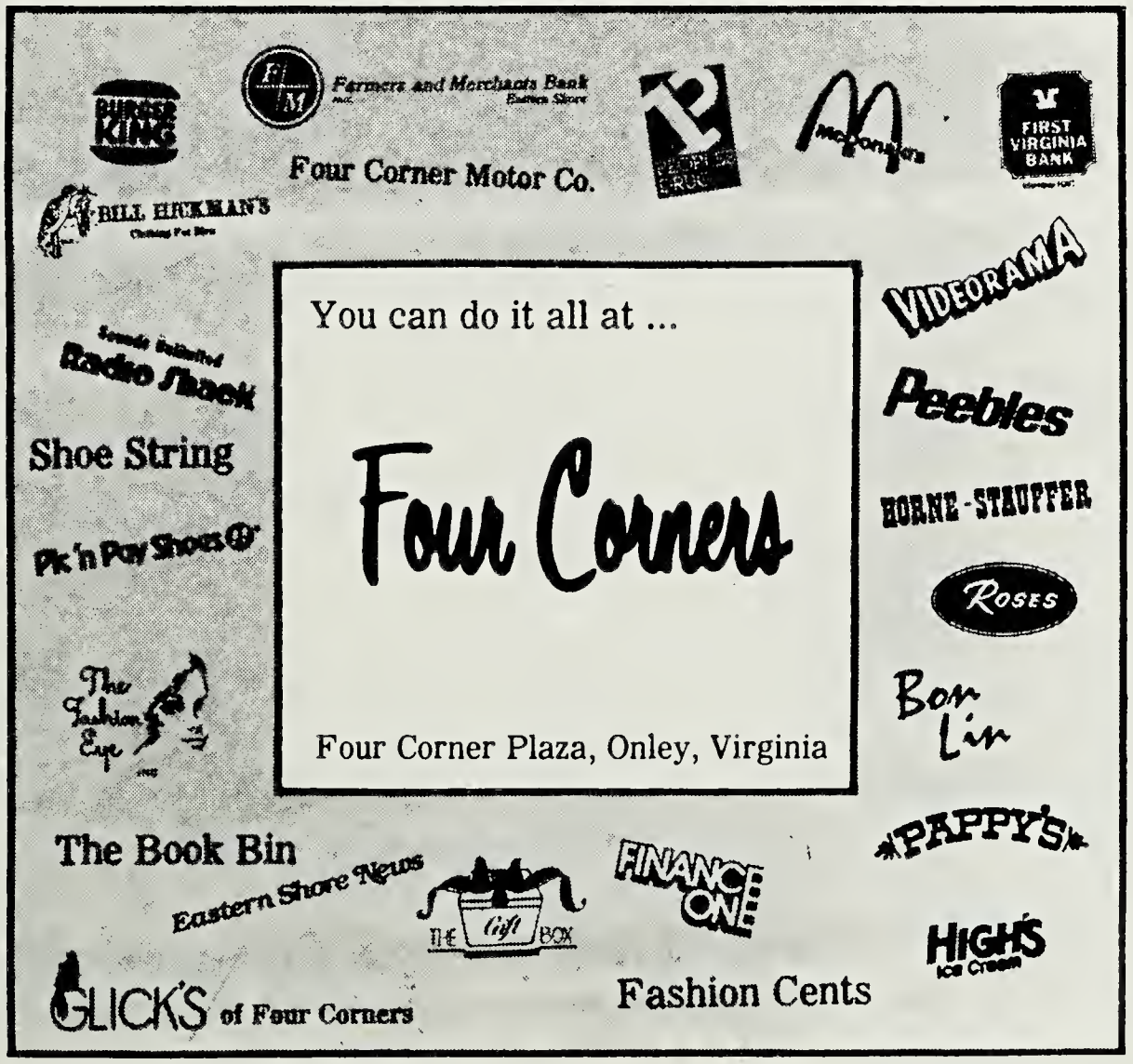

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Especially Carolyn Phillips
Love, Aunt Tommy

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and the best counsel, in all your distresses,
is the stout watch word of "Never Give Up."

Congratulations to our daughter

Beth Phillips

From your proud family,

Mom, Dad, Grant
Memom, Mom-Mom Rose,
Aunt Brenda, Uncle Tom
T.I. and Laura.

Congratulations To Class of 1986

Pepper, Missy, and Cindy

For God and Country

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and

Auxillary Unit 159

Chincoteague, Va.

Congratulations to our Granddaughter
and daughter

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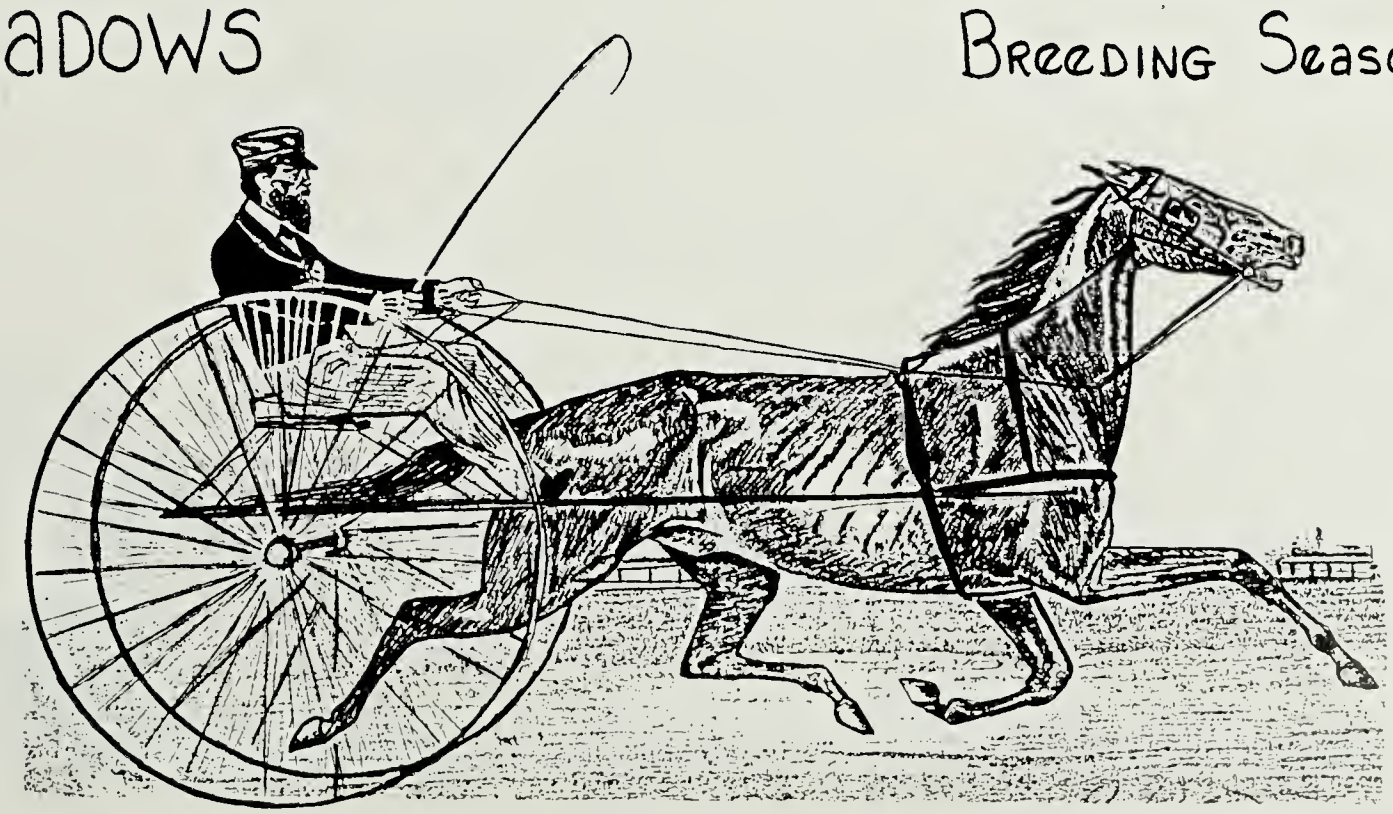

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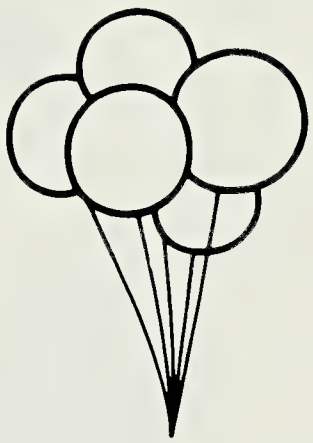

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